

## Pies and Savoury - Pie Thickenings

Recipe No: R771 - R771d

# **VEGETABLE PIE FILLING**

## USING BAKELS GOURMET PIE MIX

	Total Weight	2.600
3	BAKELS GOURMET PIE MIX	0.200
	Red & Green Peppers (diced)	0.100
	Broccoli (pieces)	0.200
	Courgettes (diced)	0.200
2	Mushrooms (sliced or whole)	0.200
	Carrots (diced)	0.200
	Cauliflower (pieces)	0.200
	Onions (finely chopped)	0.100
	Potatoes (diced)	0.200
1	Water	1.000
Group	Ingredient	KG
Group	Ingradient	KC

- **Method:** 1. Place Group 1 in saucepan and bring to a rolling boil until vegetables are tender.
  - 2. Replace liquid lost during cooking process.
  - 3. Bring back to heat.
  - 4. Add Group 2 and mix together.
  - 5. Mix Group 3 into a slurry and add to vegetables.
  - 6. Cook through for a further 2-3 minutes.
  - 7. Cool filling down, then place in refrigerator until required.

### Notes:

The metric recipe is of similar size to the avoirdupois recipe but is not an exact conversion.

Do not leave prepared Vegetable Filling on bench uncovered during the cool down process.