



Oils, Margarines and Shortenings - Margarines and Shortenings

Cookies & Biscuits -

Cakes, Muffins and Cookies -

Recipe No:

R750 - R750r

AFGHANS

USING MORAH CAKE MEDIUM TWIN

<u>Group</u>	<u>Ingredient</u>	<u>KG</u>
1	Flour	1.000
	Cocoa Powder	0.125
	Sugar	0.562
	HERCULES BAKING POWDER	0.030
	Salt	0.016
2	MORAH CAKE MEDIUM	0.438
3	Eggs	0.125
	VANILLA ESSENCE 101	0.000
	Milk	0.000
2	Cornflakes (optional)	0.000
<hr/>		
	Total Weight	2.296

Notes: The metric recipe is of similar size to the avoirdupois recipe but is not an exact conversion.

Yield: Yield: 116 biscuits scaled at 30g (1 1/4oz).