



Gluten Free -

Cakes, Muffins and Cookies -

Muffins -

Recipe No:

R778 - R778o

GLUTEN FREE SAVOURY MUFFINS

USING BAKELS GLUTEN FREE HEALTH BAKING MIX

<u>Group</u>	<u>Ingredient</u>	<u>KG</u>
1	Butter (melted)	0.070
	Water	0.300
	Eggs	0.100
2	BAKELS GLUTEN FREE HEALTH BAKING MIX	0.415
	BAKELS GLUTEN FREE BAKING POWDER	0.008
	Black Pepper	0.005
	Salt	0.005
	Mixed Herbs	5.000
	Cheese (grated)	0.090
	Chopped Whole Onion	0.100
Total Weight		6.093

Method:

1. Mix together Group 1.
2. Add Group 2 and mix well.
3. Place batter into muffin cups filling to $\frac{3}{4}$ full.
4. Bake at 200°C for approximately 15-20 minutes until firm and golden.